

ABOUT THE PRESENTER



Dr Renée Miller is the Principal Clinical Psychologist of The Perinatal Loss Centre and the Antenatal & Postnatal Psychology Network in Melbourne, Australia.

Renée established The Perinatal Loss Centre with Bereavement Midwife, Eliza Strauss to provide best-practice support and education to health practitioners, bereaved parents, and their families.

Renée has worked in the field of Perinatal Mental Health for over 20 years, exclusively seeing women and couples facing difficulties surrounding conception, pregnancy, birth, postnatal adjustment, and reproductive loss.

Renée is a passionate advocate for the recognition of Perinatal Mental Health, as an area of specialty.

Informed by her research in the area of postnatal depression, anxiety and stress in first-time mothers, and as a trained couples' therapist, Renée has a particular interest in the impact of perinatal loss on relationships and ongoing perinatal mental health.

In her course "Perinatal Loss in Practice: What Therapists Need to Know", Renée distills both the research, and the practicalities of working with loss. She emphasizes the importance of seeing the individual as a unique participant in their grief experience, whilst being informed by the grief and loss literature to understand the client's responses to grief.

The course covers the impact of attachment and attachment styles on a developing pregnancy, on the experience of loss and on subsequent pregnancies. The course also highlights diagnostic considerations for therapists working with bereaved parents; a framework for addressing loss in the broader context of perinatal mental health; and an integration of a number of therapeutic approaches helpful in working with loss.