

Perinatal Loss in Practice: What Hospital Staff Need to Know

Course Learning Outcomes

At the end of this course you will be able to:

1. Understand Perinatal grief and how this type of grief impacts on families
2. Understand the different types of perinatal loss – miscarriage, termination of pregnancy, stillbirth, & neonatal death – including legal definitions of each
3. Recognise the common reactions parents experience in the early stages of their grief
4. Outline the challenges bereaved parents face following the death of their baby(ies)
5. Outline the challenges that the health care professional must navigate when caring for bereaved families
6. Define and translate what 'parent-centered care' means and why it is important in the context of perinatal loss including the five (5) core goals of effective bereavement care
7. Explain processes around post mortem and funeral arrangements
8. Illustrate examples of memory-making opportunities to enhance parenting experiences
9. List perinatal bereavement support organisations which offer ongoing support following discharge from hospital including a subsequent pregnancy
10. Be aware of and implement self-care opportunities for the practitioner