

## ABOUT THE PRESENTER



Eliza Strauss is a Bereavement Midwife and Co-Founder of The Perinatal Loss Centre, Melbourne, Australia. Eliza established The Perinatal Loss Centre with Dr Renee Miller, Perinatal Psychologist, to provide perinatal loss education and support to health professionals who work closely with bereaved parents following a pregnancy loss or after the death of their baby(ies).

Eliza also works as a Birth Suite Associate Midwifery Unit Manager, and as the Principal Bereavement Midwife in a private maternity hospital in Melbourne, Australia. She established and continues to run a unique Bereavement Support Program at her workplace which supports bereaved families following a perinatal loss.

She holds qualifications in Nursing, Midwifery, and Bereavement Counselling & Intervention, and she has enjoyed a combined career in Nursing & Midwifery for over 30 years.

Eliza was awarded the National “Excellence in Bereavement Care Award” (2018) by ACM (Australian College of Midwives) for her work in the area of perinatal loss in a maternity hospital setting.

Eliza believes that every family should receive best practice, quality bereavement care at every point in the painful trajectory of loss and grief.

Her passion lies in educating other health care professionals to equip them with the tools necessary to care for these vulnerable families at a devastating time in their lives. Eliza understands the impact that both positive and negative care can have on bereaved parents, and she is dedicated to providing much-needed training to health professionals so that the negative consequences can be minimised to soften the trauma these parents experience.

In her course, “**Perinatal Loss in Practice: What hospital Staff Need to Know**”, Eliza combines evidence-based research with her professional experience supporting bereaved parents and their families.

The course highlights the challenges involved in working with perinatal loss, offering practical solutions, advice regarding ‘how to’ and ‘what to say and do’, and covers the core goals of good bereavement care.