

PERINATAL LOSS IN PRACTICE: WHAT THERAPISTS NEED TO KNOW

Course overview

MODULE 1 PERINATAL LOSS

- LESSON 1 *The meaning & context of childbearing*
- LESSON 2 *What is perinatal loss?*
- LESSON 3 *The experience of perinatal loss*
- LESSON 4 *Diagnoses of fetal anomalies & termination of pregnancy*

MODULE 2 THE NATURE OF GRIEF

- LESSON 1 *Consequences of perinatal loss*
- LESSON 2 *What is grief?*
- LESSON 3 *Attachment theory & grief*
- LESSON 4 *Models & theories of grief*
- LESSON 5 *Gender, culture, sexual orientation, & single by choice*

MODULE 3 INTEGRATED & COMPLICATED GRIEF

- LESSON 1 *'Typical' grief & mourning*
- LESSON 2 *Integrated grief & growth*
- LESSON 3 *Complicated grief*

MODULE 4 LOSS & THE BIOPSYCHOSOCIAL MODEL OF PERINATAL MENTAL HEALTH

- LESSON 1 *When clients present: From pre-conception to the postpartum*
- LESSON 2 *The biopsychosocial model of perinatal mental health*
- LESSON 3 *Loss in the context of perinatal mental health*
- LESSON 4 *Diagnostic considerations*

MODULE 5 PREGNANCY, BIRTH & PARENTING AFTER LOSS

- LESSON 1 *Pregnancy & birth after loss*
- LESSON 2 *Parenting after loss*
- LESSON 3 *Attachment in pregnancy & in parenting after loss*

MODULE 6 THERAPY & THE THERAPIST

- LESSON 1 *Assessment & therapy*
- LESSON 2 *Pregnancy decision-making*
- LESSON 3 *Therapeutic approaches*
- LESSON 4 *The role of the therapist*